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## Milk for Health and Wealth

By Jorgen Henriksen

Food & Agriculture Organization of the United Nations (FAO). Paperback. Book Condition: new. BRAND NEW, Milk for Health and Wealth, Jorgen Henriksen, Smallholder dairying offers high returns to land and labour, a source of regular income, gives women an opportunity to become economically active, encourages cooperation between smallholders and transfers capital from urban centres to rural areas through the trade of milk. Milk also improves nutrition and can be of particular importance to children, the elderly and HIV/AIDS sufferers. Dairying is a relatively low risk and low cost economic activity that has the potential to reduce poverty and improve livelihoods. These booklets are not intended to be technical 'how to do it' guidelines, their purpose is to raise awareness and provide decision support information about opportunities at farm and local community level to increase incomes of small-scale farmers. To assist in this, each booklet identifies additional sources of information, technical support and websites.



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