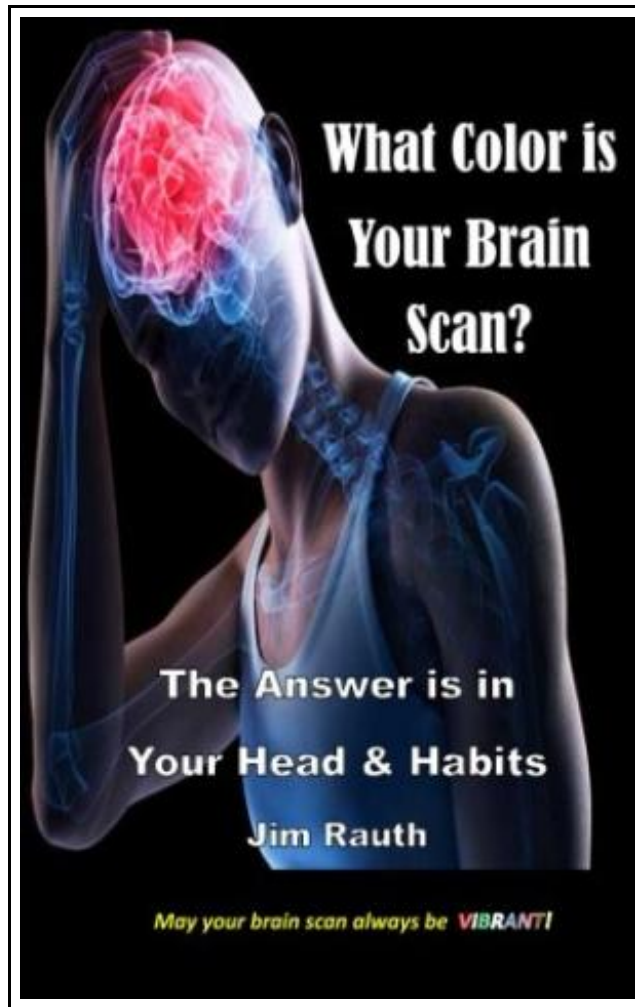


## What Color Is Your Brain Scan?: The Answers Are in Your Head and Habits



Filesize: 2.21 MB

### ***Reviews***

*This written publication is wonderful. It really is loaded with knowledge and wisdom You will not really feel monotony at at any time of your time (that's what catalogues are for relating to if you ask me).  
(Desmond Becker)*

## WHAT COLOR IS YOUR BRAIN SCAN?: THE ANSWERS ARE IN YOUR HEAD AND HABITS



Createspace, United States, 2013. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. This book is dedicated to my four friends who died of addiction before age 28, author Jim Rauth. Are you an egg or a wheel? Rauth s book asks readers in a unique quiz designed to recognize eight specific attributes of one s life in order to observe what areas are their strengths and in what areas a person may lack. The quiz divides a circle (or a wellness wheel) into eight dimensions and suggests that when properly balanced the wheel could roll easily throughout one s life like a steam train. When one or more of these eight dimensions are unequal with the other, due to an imbalance with a particular aspect of a person s life, this shape turns into an oblong or egg-like shape; which does not help with the forward momentum many of us could benefit from. Personal empowerment can mean a lot of things to each person, but recognizing one s strengths and strengthening one s weaknesses entails a level of personal insight that is nothing less than powerful. - MATC TIMES -reporter Eric Anthony Crew. Ever start that awesome diet, workout, or savings plan? Have you entered that exciting relationship, or swore off a bad habit, only to find yourself a month later wondering Oops, what happened? We have all been there before, haven t we? What Color is Your Brain Scan? first explores brain scan technology. Today, we can tell if you have an addiction by placing you in a MRI machine. But after brain scan technology determines you have an addiction, (like food, sex, alcohol relationships, etc.), what is your next step? This book/workbook/program will help keep you moving...



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