



## THE PERRICONE PROMISE : Look Younger, Live Longer In Three Easy Steps

By Perricone, Nicholas

Warner Books, New York, NY, 2004. Hard Cover. Book Condition: NEW. Dust Jacket Condition: Near Fine. First Edition, 4th Printing. BRAND NEW COPY w/trace edge wear to dustjacket. A three-step, 28-day program towards health, reversing the aging process, and longevity. 9 chapters in 3 parts: Part I, Explaining the Promise; II, The Three Steps; and III, The 28-Day Perricone Program, followed by 2 appendices.

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