



A Doctor's Home Cure for Arthritis: The Bestselling, Proven Self Treatment Plan (New edition)

By Giraud W. Campbell

HarperCollins Publishers. Paperback. Book Condition: new. BRAND NEW, A Doctor's Home Cure for Arthritis: The Bestselling, Proven Self Treatment Plan (New edition), Giraud W. Campbell, New, medically and nutritionally updated edition of the classic million-selling arthritis self-help book. This was the original diet that Marguerite Patten followed (author of our 2001 hit, Eat to Beat Arthritis). "Without this book I would not be walking today" Marguerite Patten, O.B.E. This book has cured arthritic pain for millions of people worldwide. It's also quite an old text now so we have responded to the requests of readers and sales reps suggestions by updating the book's medical and nutritional advice so that it's totally authoritative and also the recipes are more palatable for today's arthritis sufferer. Doctor's Home Cure for Arthritis is a seven day action plan designed to provide relief from arthritic pain -- and in the longer term to heal arthritis. Based on dietary change, the programme eliminates many processed foods, (including caffeine and alcohol) and replaces these with foods of special benefit to arthritis sufferers. Now fully revised by respected Harvard nutritionist Jeannette Ewin Ph.D., the book contains totally updated: - New information on supplements, including glucosamine and fish oil...



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Reviews

This composed book is excellent. This really is for all who stante that there had not been a worth reading through. Your life period will probably be change as soon as you total looking over this ebook.

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The book is fantastic and great. I have go through and i also am certain that i will planning to read through once more once more down the road. Its been printed in an exceedingly simple way and is particularly simply after i finished reading through this publication through which really changed me, change the way i think.

-- **Hank Powlowski**